

Preliminary Programme*

Day 1: Adults

Thursday 14 September

8:00	Registration	13:00	Lunch
8:50	Welcome & Health and safety	13:45	Why the mind matters: Understanding the gut-brain axis in the dietary management of IBS Nickie Hursthouse, Dietitian
9:00	Ko te aroha aro, he wai Lynda Toki & Kim Penetito, Haua Partnerships	14:30	Bowel management - Causes, assessment, medications, and management Carly Bramley, Clinical Nurse Specialist
9:30	Management of incontinence in older people Professor Mark Weatherall, Geriatrician	15:15	Afternoon tea
10:15	Pelvic Health 101 - For health professionals: Covering men and women, the functions, and what can go wrong Liz Childs, Pelvic Health Physiotherapist	15:45	Diagnosing incontinence - Urodynamics Dr Tim Dawson, Obstetrician and Gynaecologist
11:00	Morning tea	16:15	Catheter management - Choosing a catheter, different types, and the reason for long term/short term Jacinta Townsend, Urology Nurse Practitioner
11:30	Current trends in surgery for incontinence and prolapse Recurrent prolapse - What is the best management Dr John Short, Obstetrician and Gynaecologist	17:00 - 18:00	Reception
12:15	Menopause and the impact on bowels and bladder Dr Samantha Newman, GP - Women's Health		

Day 2: Children

Friday 15 September

8:00	Registration	13:45	Helpful tips for when the continence nurse has tried everything Nicola McDonald, Child Health Psychologist
9:00	Introduction & Health and safety	14:30	Cracking the puzzle of bedwetting Lisa Smith, Paediatric Nurse
9:10	Keynote: A medical approach to continence in children Dr Giovanni Losco, Urologist	15:15	Afternoon tea
10:00	Constipation in children Dr Nir Fireman, Paediatric Gastroenterologist	15:45	Birth conditions that affect continence Dr Giovanni Losco, Urologist
10:45	Morning tea	16:15	Supporting teens with incontinence - Strategies to help them cope Helen Peek, Continence Nurse Specialist
11:15	MidCentral Paediatric Continence Service Ange Woolley, Clinical Nurse Specialist; & Team	16:45	Children's continence panel
12:00	Constipation/diarrhoea - The role of food Stephanie Brown, Paediatric Dietician	17:00	Close
13:00	Lunch		

* This information is indicative only and subject to change at the discretion of Continence NZ.
Last update: 12/08/2023