

REGISTRANT INFORMATION

14-15
SEPTEMBER

Novotel Auckland
Airport



National Continence Conference

continencenzconference.org

Nau mai

We look forward to seeing you at the Continence NZ National Continence Conference being held in Tāmaki Makaurau Auckland.

14–15 SEPTEMBER

Novotel Auckland Airport

This conference is created and designed for all those working in continence care, including but not limited to those working within the Nursing, Aged Care, Pelvic Health Physiotherapy, Occupational Therapy, Disability, and Education fields. The conference will run over two days, and our programme will cover a range of continence-related topics for both adults and children.

The conference will consist of plenary sessions to update knowledge and skills, and time for delegates to socialise and exchange ideas. It provides a valuable forum for continence care professionals to explore professional and practice issues.



Dr Anna Lawrence

EXECUTIVE PRESIDENT
CONTINENCE NZ



Laura Fear

CEO
CONTINENCE NZ

Hosts



Continence NZ supports people with continence concerns, caregivers, health professionals, and the general public by providing information and education on continence topics as well as raising awareness of continence-related issues.

Continence NZ has developed a service in an area that has largely been ignored in the past by health professionals and health providers. Those affected have been too embarrassed or unable to access appropriate help and, in most cases, suffered in silence.

From small beginnings, our annual public awareness campaign has developed into an effective method of promoting awareness of continence problems and providing access to professional help. This has been greatly assisted by the establishment of a national toll-free helpline. We also have a role in lobbying the government to provide access to equitable, standardised continence services throughout New Zealand.

Venue

Novotel Auckland Airport



The venue for the Continence NZ National Continence Conference is the Novotel Auckland Airport.

Novotel Auckland Airport is a venue where touches of tradition blend naturally with contemporary flair to create a space that evokes classic Kiwi fare with a twist of local freshness and comfort.

Easily accessible from the venue include the airport shopping centre, Butterfly Creek, Rainbows End, and Due Drop Event Centre.



Getting There

The Novotel Auckland Airport is located at Ray Emery Drive, Auckland Airport, Auckland 2022. Please visit the [Auckland Airport](#) and/or [Auckland Transport](#) websites for details on transportation options.

A free terminal transfer bus service operates every 15 minutes between the international and domestic terminals. The bus operates from 5:00–23:00 daily and takes approximately ten minutes to travel between terminals.

International terminal: The bus leaves from the forecourt outside Door 8.

Domestic terminal: The bus leaves outside Door 2 at bus stop C.

Alternatively, stretch your legs and get some fresh air by taking our inter-terminal walkway between the two terminal buildings. The walkway is indicated by a green line painted on the footpath and is approximately a 10-minute walk.

Parking

Car parking is available* in Auckland Airport car parking facilities.

Registrants can access these special parking rates:

- Car Park D – \$45.00 for up to 8 hours per vehicle
- Park & Ride – \$16.00 for up to 8 hours per vehicle

4-6 min walk to the hotel

Free shuttle every 10 min – 5-10 min journey

Free shuttle every 15 min from 42 Verissimo Drive, Mangere

Airport maps including car park locations can be found on the [Auckland Airport website](#).

*Parking is subject to availability.

SPECIAL RATES

PARKING

Use promo code

NAAOPENING on the [Auckland Airport Book a Car Park website](#).

ACCOMMODATION

Receive 25% off Novotel's best available breakfast-inclusive rate using this [link](#).

Accommodation

Novotel Auckland Airport

The Novotel Auckland Airport offers 263 accommodation rooms. The hotel also offers facilities and services including a fully equipped exercise room, same-day dry-cleaning and laundry service, and 24-hour in-room dining.

Novotel Auckland Airport has offered our conference delegates 25% off their best available breakfast-inclusive rate using the provided link.

Ibis Budget Auckland Airport

This is a budget hotel located 800m from the Auckland International Airport. They have a complimentary car park for the night of your stay. Rooms start from \$165 per night. Visit the Ibis website [here](#).

Sudima Auckland Airport

An award-winning 4.5-star hotel located 2.5 km from Auckland Airport. Rooms start from \$280 per room per night. Visit the Sudima website [here](#).



Registration

Registration Desk

The registration desk will be open for you to collect your registration pack and to assist delegates during the following times.

- Wednesday 13 September: 18:30-19:00
- Thursday 14 September: 08:00-08:45
- Friday 15 September: 08:00-08:45

The registration desk is located at the Novotel Auckland Airport in the Remu Foyer on Level 2.

IF YOU REQUIRE FURTHER ASSISTANCE...

...prior to the conference, please email info@continence.org.nz.

...during the conference (outside of the listed registration times), feel free to ask one of the friendly Continence NZ or venue staff.

Registration Types

To register please complete the registration form and proceed to the payment option.

Early Bird and Full Registration Entitlement

Attendance at all the conference sessions, morning & afternoon teas, lunches and information including a meeting handbook and one ticket to the Reception.

One day (including Early Bird)

Attendance at all the conference sessions, morning & afternoon tea, lunch and information including a meeting handbook.

	Member*	Non Member	Cut-off Dates
Early Bird			
Full	\$220	\$305	3 August 2023
One Day	\$125	\$170	
Standard			
Full	\$275	\$365	4 September 2023
One Day	\$150	\$205	

* Students and faculty are eligible for an additional 20% discount off Member ticket prices. Contact us for details and discount code.

Catering

Morning tea, Lunch, and Afternoon tea

- Morning tea, lunch, and afternoon tea will be served downstairs.
- Please remember to wear your name badge – it is your "ticket" to catering. If you have misplaced your name badge, please ask for a replacement at the registration desk.
- Please see the conference Programme for specific information on meal and break times.

Welcome Reception

This will be held on **Thursday 14 September** on Level 2 of the Novotel in the Paataka Room 2 from **17:00–18:00**. This is a catered event for delegates who have indicated their attendance on the registration form. Drinks and canapés will be provided.

SPECIAL REQUIREMENTS

If you haven't already provided details of any dietary needs, disability assistance, or special requests on your registration form, please contact info@continence.org.nz

Preliminary Programme*

Day 1: Adults

Thursday 14 September

8:00	Registration	13:00	Lunch
8:50	Welcome & Health and safety	13:45	Why the mind matters: Understanding the gut-brain axis in the dietary management of IBS Nickie Hursthouse, Dietitian
9:00	Ko te aroha aro, he wai Lynda Toki & Kim Penetito, Haua Partnerships	14:30	Bowel management – Causes, assessment, medications, and management Carly Bramley, Clinical Nurse Specialist
9:30	Management of incontinence in older people Professor Mark Weatherall, Geriatrician	15:15	Afternoon tea
10:15	Pelvic Health 101 – For health professionals: Covering men and women, the functions, and what can go wrong Liz Childs, Pelvic Health Physiotherapist	15:45	Diagnosing incontinence – Urodynamics Dr Tim Dawson, Obstetrician and Gynaecologist
11:00	Morning tea	16:15	Catheter management – Choosing a catheter, different types, and the reason for long term/short term Jacinta Townsend, Urology Nurse Practitioner
11:30	Current trends in surgery for incontinence and prolapse Recurrent prolapse – What is the best management Dr John Short, Obstetrician and Gynaecologist	17:00 – 18:00	Reception
12:15	Menopause and the impact on bowels and bladder Dr Samantha Newman, GP - Women's Health		

Day 2: Children

Friday 15 September

8:00	Registration	13:45	Helpful tips for when the continence nurse has tried everything Nicola McDonald, Child Health Psychologist
9:00	Introduction & Health and safety	14:30	Cracking the puzzle of bedwetting Lisa Smith, Paediatric Nurse
9:10	Keynote: A medical approach to continence in children Dr Giovanni Losco, Urologist	15:15	Afternoon tea
10:00	Constipation in children Dr Nir Fireman, Paediatric Gastroenterologist	15:45	Birth conditions that affect continence Dr Giovanni Losco, Urologist
10:45	Morning tea	16:15	Supporting teens with incontinence – Strategies to help them cope Helen Peek, Continence Nurse Specialist
11:15	MidCentral Paediatric Continence Service Ange Woolley and Team, Clinical Nurse Specialist – Paediatric Continence Service	16:45	Children's continence panel
12:00	Constipation/diarrhoea – The role of food Stephanie Brown, Paediatric Dietitian	17:00	Close
13:00	Lunch		

* This information is indicative only and subject to change at the discretion of Continence NZ.
Last update: 15/08/2023

Terms and Conditions

Cancellation and Refund Policy

- All cancellations must be made in writing to the Conference Organiser at info@continence.org.nz.
- You may assign your registration to another person.
- If you are unable to find a replacement, the following cancellation fees apply:
 - Before 30 August 2023 refund less \$75.00
 - After 30 August no refund

Information Sharing

Please indicate in your registration whether or not you consent to your contact details being shared with conference sponsors and trade.

CANCELLATION OF THE CONFERENCE

If, for reasons beyond the control of the Organising Committee, the conference is cancelled, registration fees will be refunded after deduction of expenses incurred.

For further assistance or information, please email:
info@continence.org.nz





20 National Continenence Conference
23 TĀMAKI MAKAURAU AUCKLAND

14–15 SEPTEMBER

Novotel Auckland Airport

National Continenence Conference

CONTACT US

For further information please contact the Conference Organiser:

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